

Ride Rules for All HPRW Road Rides

Generally, for your safety, training rides DO NOT TAKE PLACE in the rain unless there is a specific reason such as very close to State or National titles. So, if you wake up and it's pouring down, go back to sleep.

For the safety of you and your fellow riders, we require everyone who joins us on a ride to read, understand and agree to the following rules. You should also be very familiar with the Queensland Road Rules as they affect cyclists. As a legitimate road user, you have the same rights and responsibilities as other vehicles. There are also specific rules that apply only to cyclists. For full details, go to the Queensland Government website.

1. The SAFETY of yourself and others comes first at all times.
2. Obey ALL road rules and other laws and wear a Standards Australia approved helmet at all times while riding.
3. Be courteous to other users of the road (drivers, passengers, pedestrians and other cyclists). Give way to anything and everything (even if you have the right of way but will be putting yourself at risk by taking that right of way).
4. Be conscious of and concerned for the safety of your fellow cyclists by being careful to hold your line at all times and avoid erratic and dangerous riding. Signal properly when turning and signal to cyclists following you any potholes, open car doors, pedestrians, etc, in your path. Never ride more than two abreast on any road at any time, and fall into single file on single lane roads if cars are trying to pass, and on bike paths where pedestrians are walking, or cyclists are riding in the opposite direction. Make sure you have your front and rear lights on if it is dark. Riders should wear brightly coloured jerseys at all times so that no matter what the weather motorists have a much better chance of seeing riders. This also goes for rain jackets. Wear appropriate glasses as they will protect your eyes. Be careful about riding too close to the kerb but also be aware of how far out from the kerb that you are.
5. Know who's responsible for the ride and follow their instructions always. Do not have sprints or other competitions on the rides unless specifically organised by the ride coordinator/leader and always ride within your capabilities. If you are unsure about anything, ask the ride leader. Check your bike and ensure it is roadworthy before the ride begins. If your bike needs attention, fix it straight away.
6. Always carry the tools necessary for roadside repairs - these include an Allen key set, Screw driver, Spare tubes, Puncture repair kit, High pressure pump, Tyre levers and Wet weather gear if it looks like raining
7. Let your fellow riders know about any health problems you may encounter on the ride and what procedure should be followed if they occur (e.g. many of our riders are asthmatic so don't be afraid to let on).
8. Carry enough water and food for the ride.
9. Always ride with identification on you and make sure this also has emergency phone numbers.
10. Remember that there are inherent risks in cycling. By cycling with the Hamilton Pine Rivers Wheelers you agree that you're cycling at your own risk and will be entirely responsible for your own safety.